

School of Science, Technology and Engineering

University of Suffolk

PhD in Sport and Exercise Science

Summary

Research in the sport and exercise sciences is growing rapidly, and the University Of Suffolk has a leading role in the production of innovative research evidence, which has real impact at national and an international level. Our research expertise and interests include several topics such as applied sports physiology, cardiovascular health sciences, performance analysis, and strength and conditioning. Lecturers at the University Of Suffolk have great expertise in their own research area, and they lead high quality research studies in the elite sport performance sciences, and in clinical exercise sciences. Lecturers are well-established practitioners in their disciplines, therefore they ensure that the contents of your PhD course fulfil national and international requirements. Lecturers will support your learning with an innovative approach to research, where research methods and statistics will be core components of your PhD research. Our PhD programme has been designed with the aim to provide you with the highest standard of theory and practical expertise, to help you become a professional leader in the sport or health industry. During a PhD in Sport and Exercise Science at the University Of Suffolk you will be able to plan, create and interpret new scientific knowledge related to your own professional practice. Research hypotheses and innovative ideas will be discussed in an open and friendly environment where curious minds may bloom.

Employability

Sport and Exercise Science is a profession that has become increasingly competitive in recent years. Practitioners need to have a very strong expertise in research methods, statistics and well-developed problem solving abilities, which are required to fulfil the high demands of working in and leading others in this exciting industry. As a PhD candidate in Sport and Exercise Science at the University Of Suffolk, you will have the opportunity to study in a very professional and applied environment, which will be critical for the improvement of your research skills and career opportunities.

For further information about the opportunities of our PhD programme in Sport and Exercise Science, please contact Dr Marco Beato, email m.beato@UOS.ac.uk

Self-funded and international PhD applications (part-time and full-time) are welcome.