Course Title | BA (Hons) Applied Care Practice (Mental Health Support)
--- | ---
Awarding Bodies | University of Suffolk
Level of Award\(^1\) | FHEQ Level 6
Professional, Statutory and Regulatory Bodies Recognition | None
Credit Structure\(^2\) | Level 6: 120 Credits
Mode of Attendance | Full-time
Standard Length of Course\(^3\) | 1 year full-time
Intended Award | BA (Hons) Applied Care Practice (Mental Health Support)
Named Exit Awards |
Entry Requirements\(^4\) | 240 Credits at level 5 e.g: FdA Social Care Practice, FdA Mental Health Practice, HND Health & Social Care. All students will be offered an interview (or equivalent communication if applying from distance).
Delivering Institution | East Coast College (Great Yarmouth)
UCAS Code | L505

This definitive record sets out the essential features and characteristics of the BA (Hons) Applied Care Practice (Mental Health Support) course. The information provided is accurate for students entering level 6 in the 2019-20 academic year\(^5\).

### Course Summary

The programme has been developed to allow those in the care sectors to further develop existing skills, and develop a broad range of practice skills, knowledge and understanding within key subject areas and to acquire and enhance their professional values, there is a particular focus on integrated practice. The programme encourages students to reflect on the skills required to establish and maintain good working relationships with others; to gain an understanding of the individual and diverse ways that we develop; in order that they can actively support individuals and to work effectively with families, carers, the wider community, and other professionals in current or future job roles.

---

\(^1\) For an explanation of the levels of higher education study, see the [QAA Frameworks for Higher Education Qualifications of UK Degree-Awarding Bodies (2014)](https://www.qaa.ac.uk/qualifications/level-frameworks).  
\(^2\) All academic credit awarded as a result of study at the University adheres to the [Higher education credit framework for England](https://www.hecafe.ac.uk/credit-framework).  
\(^3\) Where the course is delivered both full-time and part-time, the standard length of course is provided for the full-time mode of attendance only. The length of the part-time course is variable and dependent upon the intensity of study. Further information about mode of study and maximum registration periods can be found in the [Framework and Regulations for Undergraduate Awards](https://www.suffolk.ac.uk/about-us/quality-frameworks/undergraduate-framework/).  
\(^4\) Details of standard entry requirements can be found in the [Admissions Policy](https://www.suffolk.ac.uk/students/admissions/).  
\(^5\) The University reserves the right to make changes to course content, structure, teaching and assessment as outlined in the [Admissions Policy](https://www.suffolk.ac.uk/students/admissions/).
Course Aims

1. To develop critical reflection, evaluation and argument in support of practice and the capacity to evaluate practice evidence;

2. To evaluate and critically analyse political and economic context of evidence-based practice within an inter-professional arena and to isolate origins and key components of evidenced based practice;

3. To critically evaluate their professional contribution to the support of children, young people or adults through transitions, in order to maintain/regain their individual emotional, social and developmental potential;

4. To develop and enhance the specific and generic/transferable skills required for employment at a supervisory or managerial level and further development within the chosen career path;

5. To develop critical awareness of the issues which impact upon the delivery of effective practice in an inter-professional environment;

6. To enhance and develop advanced scholarship within the specialist sector through critical evaluation and analysis of methodologies within current and previous research through academic investigation.

Course Learning Outcomes

The following statements define what students graduating from the BA (Hons) Applied Care Practice (Mental Health Support) course will have been judged to have demonstrated in order to achieve the award. These statements, known as learning outcomes, have been formally approved as aligned with the generic qualification descriptor for level 6 awards as set out by the UK Quality Assurance Agency (QAA)\(^6\).

Knowledge, understanding and cognitive skills

On completion of the programme, successful students will be able to:

1. Critically reflect upon the legislative, professional and statutory codes of conduct relevant to practice

2. Critically evaluate research and evidence-based concepts from law, psychology and social policy within practice

3. Critically evaluate the principles informing accountability for their scope of professional practice

4. Provide a critical understanding of needs of your service users and / or the community

5. Provide a critical analysis of the current problems, policy and practice in their specific area of professional practice and service context

\(^6\) As set out in the QAA Frameworks for Higher Education Qualifications of UK Degree-Awarding Bodies (2014)
University of Suffolk

DEFINITIVE COURSE RECORD

Cognitive, Intellectual or Thinking Skills
On completion of the programme, successful students will be able to demonstrate the ability to:

6. Critically analyse and evaluate practice and theoretical evidence which contributes to an understanding of practice and service delivery

7. Apply and make links between research, theory and practice

8. Critically reflect on self-development

9. Self-direct and use original approaches to problem solving

10. Recognise their own responsibilities and wider accountability structure in relation to self and practice

Subject specific
On completion of the programme, successful students will be able to demonstrate the ability to:

11. Critically evaluate practice in the context of evidence based practice within their environment

12. Develop focussed interventions to meet service users’ needs in relation to practice setting

13. Critically evaluate the impact of professional and service interventions on service users and families

14. Critically reflect on their own practice, give and receive constructive feedback

Key Skills
On completion of the programme, successful students will be able to demonstrate the ability to:

16. Use written and communication skills effectively

17. Use numeracy skills

18. Use information and communication technology appropriately and effectively

19. Work effectively in teams utilising your leadership skills

20. Use problem solving skills

21. Engage in continuing professional development and direct personal development
University of Suffolk

DEFINITIVE COURSE RECORD

Course Design
The design of this course has been guided by the following QAA Benchmarks / Professional Standards / Competency Frameworks:

- Knowledge and Skills Framework
- Health and Care Professions Council
- QAA level descriptions and benchmark for (Social Work) Degrees
- National Occupational Standards – Health and Social Care (mental health)
- Professional Competency Framework for Social Work
- Common Core Principles to support good mental health and wellbeing in adult social care

Course Structure
The BA (Hons) Applied Care Practice (Mental Health Support) comprises modules at levels 6. Module Specifications for each of these modules is included within the course handbook, available to students on-line at the beginning of each academic year.

<table>
<thead>
<tr>
<th>Level 6 modules</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Module Title</strong></td>
</tr>
<tr>
<td>Social Policy &amp; Practice</td>
</tr>
<tr>
<td>Transitions &amp; Lifespan Development</td>
</tr>
<tr>
<td>Specialised Project for Leadership</td>
</tr>
<tr>
<td>Negotiated project</td>
</tr>
</tbody>
</table>

Awards
On successful completion of the course, students will be awarded a Bachelor of Arts (Hons) in Applied Care Practice (Mental Health Support).

Course Delivery
The course is delivered at East Coast College, Great Yarmouth Campus. Students studying full-time on BA (Hons) Applied Care Practice (Mental Health Support) are likely to have approximately 260 contact hours. The contact hours will be a mix of lecture, seminar, practical activity, group work, Virtual learning activity, and e-tutorials. Students will be expected to find their own voluntary or paid work but can be supported in this by the college placement officer. Students will need to be in a work setting for approximately 10 hours per week or more. Students will normally be expected to undertake 12 hours of independent study in an average week, but should be prepared for this to vary based on assignment deadlines and class exercises.

Course Assessment
A variety of assessments will be used on the course to enable students to experience and adapt to different assessment styles. The assessment methods used will be appropriate to assess each module’s intended learning outcomes. Assessment on the course overall will be

---

7 Modules are designated as either mandatory (M), requisite (R) or optional (O). For definitions, see the Framework and Regulations for Undergraduate Awards
University of Suffolk

DEFINITIVE COURSE RECORD

approximately 100% coursework (including essays, reports, presentations, group work, reflective learning journals and research projects).

Course Team

The academic staff delivering this course are drawn from a team that includes teaching specialists and current practitioners. All staff are qualified in their subjects with their own specialist knowledge to contribute and are registered with the appropriate professional body where appropriate.

Course Costs

Students undertaking BSc (Hons) Applied Care Practice (Mental Health Support) will be charged tuition fees as detailed below.

<table>
<thead>
<tr>
<th>Student Group</th>
<th>Tuition Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full-time UK/EU</td>
<td>£9,250 per year</td>
</tr>
<tr>
<td>Part-time UK/EU</td>
<td>Not applicable</td>
</tr>
<tr>
<td>Full-time International</td>
<td>£11,790 per year</td>
</tr>
<tr>
<td>Part-time International</td>
<td>Not applicable</td>
</tr>
</tbody>
</table>

Payment of tuition fees is due at the time of enrolment and is managed in accordance with the Tuition Fee Policy.

Students could incur other costs for transport to placements and optional field trips, etc. amounting to approximately £150 per year.

Academic Framework and Regulations

This course is delivered according to the Framework and Regulations for Undergraduate Awards and other academic policies and procedures of the University and published on the website.