

DEFINITIVE COURSE RECORD

Course Title	MSc Public Health and Wellbeing
Awarding Bodies	University of Suffolk
Level of Award ¹	FHEQ Level 7
Professional, Statutory and Regulatory Bodies Recognition	None
Credit Structure ²	180 Credits at level 7
Mode of Attendance	Full-time and Part-time
Standard Length of Course ³	1 year full-time 2 years part-time
Intended Award	MSc Public Health and Wellbeing
Named Exit Awards	PgD Public Health and Wellbeing PgC Public Health and Wellbeing
Entry Requirements ⁴	An undergraduate honours degree with a minimum 2.2 classification (preferably in a similar or related subject area – e.g., social sciences, health etc.) or recognised international equivalent. Other qualifications, relevant work and life experience may be taken into account. Therefore, applications from non-standard applicants are welcome and will be considered individually. English language requirements in line with the University of Suffolk's admissions policies. Recognition of Prior Learning (RPL) accepted.
Delivering Institution	University of Suffolk

This definitive record sets out the essential features and characteristics of the MSc Public Health and Wellbeing course. The information provided is accurate for students entering level 7 in the 2026-27 academic year⁵.

Course Summary

The MSc Public Health and Wellbeing programme at the University of Suffolk offers a comprehensive and enriching initiation into the field of public health and wellbeing. The focus of this programme is on enhancing and promoting the health and wellbeing of populations,

¹ For an explanation of the levels of higher education study, see the [QAA Frameworks for Higher Education Qualifications of UK Degree-Awarding Bodies \(2024\)](#)

² All academic credit awarded as a result of study at the University adheres to the [Higher education credit framework for England](#)

³ Where the course is delivered both full-time and part-time, the standard length of course is provided for the full-time mode of attendance only. The length of the part-time course is variable and dependent upon the intensity of study. Further information about mode of study and maximum registration periods can be found in the [Framework and Regulations for Taught Postgraduate Awards](#).

⁴ Details of standard entry requirements can be found in the [Admissions Policy](#) and further details about Disclosure and Barring Checks (DBS) can be found on the [University's DBS webpage](#).

⁵ The University reserves the right to make changes to course content, structure, teaching and assessment as outlined in the [Admissions Policy](#).

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preventing and tackling health adversities/health issues, and addressing a wide range of determinants influencing health and driving health inequalities, with a concerted effort to diminish health inequalities. This course will also place a strong emphasis on research, evidence and policy and provides students with an appreciation of the Sustainable Development Goals and their importance in the global sphere of public health and wellbeing. This programme aspires not only to impart knowledge and skills but to empower students to become a critical agent of change in the landscape of public health and wellbeing.

This MSc Public Health and Wellbeing programme provides an advanced introduction to Principles of Public Health and Wellbeing with a special focus on health promotion in public health, as well as modules on Research Methods and Epidemiology, Global Public Health Leadership, two optional modules (please see below – subject to a viable cohort), and culminates in a Dissertation. These modules will provide students with a solid grounding in key areas of public health and wellbeing.

With optional modules (choice of two – subject to a viable cohort) available in Public Health Nutrition, Physical Activity and Public Health, Maternal and Infant Health, and Mental Health Through the Life Course, this programme uniquely incorporates a range of disciplines to harness the latest evidence and a holistic approach in preventing ill health and optimising health improvement.

The overall course ethos is focused on allowing students to be innovative, act as agents for change, think holistically, value diversity and inclusivity, feel empowered to make decisions, work collaboratively and professionally, and utilise evidence including data ethically and comprehensively. This course will inspire the next generation of public health professionals to become leaders in holistic health and wellbeing.

Course Aims

In providing this course, the University and course team aim to:

1. Enable students to source, interpret and synthesise data and evidence effectively to optimise strategies and application of public health and wellbeing.
2. Familiarise students with the diversity in application of public health in supporting the health and wellbeing of populations.
3. Support students to consider and understand public health and wellbeing concepts and consolidate means to interpret and utilise them effectively.
4. Provide students with a comprehensive understanding of determinants of health and health inequalities and appreciate the nuance between different populations.
5. Empower students to develop skills in leadership and research - embedding employability, entrepreneurship, and enterprise - supporting readiness to practice.

Course Learning Outcomes

The following statements define what students graduating from the MSc Public Health and Wellbeing course will have been judged to have demonstrated in order to achieve the award. These statements, known as learning outcomes, have been formally approved as aligned with the generic qualification descriptor for level 7 awards as set out by the UK Quality Assurance Agency (QAA)⁶.

At the end of the degree a student will be able to:

1. Demonstrate a systematic understanding of public health in supporting the health and

⁶ As set out in the [QAA Frameworks for Higher Education Qualifications of UK Degree-Awarding Bodies \(2024\)](#)

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wellbeing of populations.

2. Demonstrate a critical awareness of current issues in public health and wellbeing across populations.
3. Critically evaluate evidence in optimising strategies and application of public health and wellbeing.
4. Apply systematic research and conceptual understanding of research methods, demonstrating self-direction in own research.
5. Communicate sound judgement on complex issues effectively and creatively both verbally and in writing for a range of audiences.
6. Apply principles of leadership in a public health and wellbeing setting.
7. Demonstrate initiative and innovation in research and solving problems in public health and wellbeing through a self-directed research project.

Course Design

The design of this course has been guided by the following QAA Benchmarks:

- QAA (2024) – The Frameworks for Higher Education Qualifications of UK Degree-Awarding Bodies
- QAA (2024) – Subject Benchmark Statement – Health Studies
- QAA (2020) – Characteristics Statement – Master's Degree

The design of the course has also been guided by the following:

- Public Health Skills and Knowledge Framework (2016)

Course Structure

The MSc Public Health and Wellbeing comprises modules at level 7.

Module Specifications for each of these modules is included within the course handbook, available to students on-line at the beginning of each academic year.

	Module	Credits	Module Type ⁷
Level 7			
	Principles of Public Health and Wellbeing	30	M
	Research Methods and Epidemiology	30	M
	Global Public Health Leadership	30	M
	Physical Activity and Public Health	15	O
	Public Health Nutrition	15	O
	Maternal and Infant Health	15	O
	Mental Health Through the Life Course	15	O

⁷ Modules are designated as either mandatory (M), requisite (R) or optional (O). For definitions, see the [Framework and Regulations for Taught Postgraduate Awards](#).

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	Dissertation	60	M
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Optional modules available in any year will be communicated to you prior to your enrolment to facilitate module choice. Some optional modules may not run in every year of study, and the availability of optional modules depends both on student demand and the availability of specialist staff.

Awards

On successful completion of 180 credits including all mandatory modules, students will be awarded an MSc Public Health and Wellbeing. Students who leave the course early may be eligible for a PgD Public Health and Wellbeing on successful completion of 120 credits or a PgC Public Health and Wellbeing on successful completion of 60 credits.

Course Delivery

The course is delivered at the University of Suffolk. Students studying full-time on MSc Public Health and Wellbeing are likely to have approximately 6 contact hours across one day per week. The contact hours will be a mix of lectures and seminars. Students will normally be expected to undertake approximately 37 hours of independent study in an average week but should be prepared for this to vary based on assignment deadlines and class exercises.

Course Assessment

A variety of assessments will be used on the course to enable students to experience and adapt to different assessment styles. The assessment methods used will be appropriate to assess each module's intended learning outcomes. Assessment on the course overall will be coursework (including reports, an oral presentation, a poster presentation, a case study, a critical appraisal, a research proposal, a mock funding application, a podcast, a personal reflection, and a dissertation), and some practical assessments (structured debate and a simulation scenario).

Course Team

The academic staff delivering this course are drawn from a team that includes teaching specialists, current practitioners and research active academics. All staff are qualified in their subjects with their own specialist knowledge to contribute.

Course Costs

Students undertaking MSc Public Health and Wellbeing will be charged tuition fees as detailed below.

Student Group	Tuition Fees
Full-time UK	£9,990 per year
Part-time UK	£1,770 per 30 credit module
Full-time EU/International	£16,020 per year
Part-time EU/International	£2,670 per 30 credit module

Payment of tuition fees is due at the time of enrolment and is managed in accordance with the Tuition Fee Policy.

Academic Framework and Regulations

This course is delivered according to the Framework and Regulations for Taught Postgraduate Awards and other academic policies and procedures of the University and published on the [website](#).