

**DEFINITIVE COURSE RECORD**

Course Title	<b>CertHE Creative Arts for Health and Wellbeing</b>
Awarding Bodies	<b>University of Suffolk</b>
Level of Award <sup>1</sup>	<b>FHEQ Level 4</b>
Professional, Statutory and Regulatory Bodies Recognition	<b>None</b>
Credit Structure <sup>2</sup>	<b>120 Credits Level 4: 120 Credits</b>
Mode of Attendance	<b>Full-time</b>
Standard Length of Course <sup>3</sup>	<b>1 year full-time</b>
Intended Award	<b>CertHE Creative Arts for Health &amp; Wellbeing</b>
Named Exit Awards	<b>None</b>
Entry Requirements <sup>4</sup>	<p><b>In order to satisfy the minimum general requirements for admission candidates must:</b></p> <ul style="list-style-type: none"> <li>• <b>Be at least 18 years of age on 1 October of the year for which admission is sought.</b></li> <li>• <b>Have a minimum of 110 UCAS tariff points.</b></li> </ul> <p><b>Applications are welcome from mature students over the age of 21 who are already working in a relevant sector. All students will be offered an interview (or equivalent communication if applying from distance). Students will be asked to take the BKSB Literacy &amp; Numeracy initial assessment at level 2 and complete a careers interview with the HE careers adviser or Course Leader.</b></p> <p><b>An applicant whose first language is not English will be required to produce evidence of their competence in the English language in accordance with the University's admissions policy. In considering individual applications, evidence will be sought of personal, professional and educational experiences and competencies, as appropriate, to provide indications of ability to:</b></p> <ul style="list-style-type: none"> <li>• <b>Meet the demands of the course;</b></li> <li>• <b>Benefit from the course.</b></li> </ul>

<sup>1</sup> For an explanation of the levels of higher education study, see the [QAA Frameworks for Higher Education Qualifications of UK Degree-Awarding Bodies \(2014\)](#)

<sup>2</sup> All academic credit awarded as a result of study at the University adheres to the [Higher education credit framework for England](#).

<sup>3</sup> Where the course is delivered both full-time and part-time, the standard length of course is provided for the full-time mode of attendance only. The length of the part-time course is variable and dependent upon the intensity of study. Further information about mode of study and maximum registration periods can be found in the [Framework and Regulations for Undergraduate Awards](#).

<sup>4</sup> Details of standard entry requirements can be found in the [Admissions Policy](#)

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	<b>Students will be expected to demonstrate a firm interest in a creative arts domain and this will be assessed through interview and/or a portfolio presented at interview. Applicants should hold an enhanced Disclosure and Barring Service check in order to work with vulnerable adults and children as their project work may involve this.</b>
Delivering Institution(s)	<b>University of Suffolk at East Coast College (Great Yarmouth)</b>
UCAS Code	<b>Not applicable</b>

This definitive record sets out the essential features and characteristics of the CertHE Creative Arts for Health and Wellbeing course. The information provided is accurate for students entering level 4 in the 2021-22 academic year<sup>5</sup>.

### Course Summary

This one-year, full-time programme aims to develop the student as a creative practitioner who wants to take a professional approach to the provision of projects, workshops and other opportunities to individuals and communities whose health and wellbeing will benefit from such provision.

While it is anticipated that the majority of applicants are likely to have an arts background, the programme is not confined to this: for example, students may be working with Pilates, yoga or other physical activities or disciplines.

Others may be coming from a health/social care setting, but with an interest in the therapeutic benefits of engagement with a creative activity.

Thus the expectation of the programme is not that you are a 'great artist,' but have an interest in a form in which personal expression can be developed to an individual's or group's benefit and an enthusiasm for originating/developing creative ideas, developing as a planner, facilitator and reflective practitioner.

### Course Aims

1. To enable the students to critically identify the contribution of creative and expressive activities to supporting individuals', emotional, social and developmental potential.
2. To encourage development of specific and generic skills/ transferable skills of value in employment, further study and personal and professional development.
3. To provide the students with the opportunity to explore methods and uses of research relevant and appropriate to career arenas.
4. To provide opportunities for reflection and development of personal and professional skills whilst working within the creative and wellbeing sectors.
5. To provide opportunities for development of creative practices.
6. To provide students with a recognised higher education qualification.

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<sup>5</sup> The University reserves the right to make changes to course content, structure, teaching and assessment as outlined in the [Admissions Policy](#).

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7. To meet the needs of employers, community organisations and the sector.
8. To develop the student as a creative, flexible and professional practitioner.

### **Course Learning Outcomes**

The following statements define what students graduating from the CertHE Creative Arts for Health & Wellbeing course will have been judged to have demonstrated in order to achieve the award. These statements, known as learning outcomes, have been formally approved as aligned with the generic qualification descriptor for level 4 awards as set out by the UK Quality Assurance Agency (QAA)<sup>6</sup>.

1. Explain the relevance to practice of ethical conduct and practices in the context of working with community groups and individuals.
2. Understand and demonstrate the role of the 'skilled helper' within creative interventions used to support health and wellbeing for individuals and groups.
3. Demonstrate an understanding of the value of reflection for in the context of development of projects which support the wellbeing of others.
4. Demonstrate knowledge of a range of creative practices and techniques and confidence in their use in a practice setting.
5. Develop flexible creative approaches to meet specific community and service users' needs in relation to practice setting.
6. Understand the role of promotion, planning, implementing and evaluation of projects, in the context of professional practice.

### **Course Design**

The design of this course has been guided by the following QAA Benchmarks / Professional Standards Competency Frameworks:

- QAA Foundation Degree Characteristic Statement (2015)
- National Occupational Standards for Health & Social Care (2012)
- QAA Subject benchmark statement Health Studies (2016)
- QAA Subject benchmark statement Art and Design (2016)

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<sup>6</sup> As set out in the [QAA Frameworks for Higher Education Qualifications of UK Degree-Awarding Bodies \(2014\)](#)

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### Course Structure

The CertHE Creative Arts for Health and Wellbeing comprises modules at levels 4.

Module Specifications for each of these modules is included within the course handbook, available to students on-line at the beginning of each academic year.

Module title	Level	Credits	Module Type <sup>7</sup>
<b>Year 1</b>			
Client Groups: Safeguarding and Ethics	4	20	M
Client Groups and Approaches to Wellbeing	4	20	R
Developing Skills in Creative Activities (WBL)	4	40	M
The Skilled Helper: Creativity and Wellbeing	4	20	R
Personal and Professional Development	4	20	R

### Awards

On successful completion of the course, students will be awarded a CertHE Creative Arts for Health & Wellbeing.

### Course Delivery

The course is delivered at East Coast College, Great Yarmouth Campus. Students studying full-time on CertHE Creative Arts for Health & Wellbeing are likely to have approximately 360 contact hours. The contact hours will be a mix of lectures, seminars, practical activity and online learning and students will also be required to participate in 2 days of work per week placement (or paid/voluntary work in a relevant setting). Students will be expected to find their own placement. Students will normally be expected to undertake 10 hours of independent study in an average week; but should be prepared for this to vary based on assignment deadlines and class exercises.

### Course Assessment

A variety of assessments will be used on the course to enable students to experience and adapt to different assessment styles. The assessment methods used will be appropriate to assess each module's intended learning outcomes. Assessment on the course overall will be approximately 100% coursework (including essays, reports, presentations, group work, reflective learning journals and research projects).

### Course Team

The academic staff delivering this course are drawn from a team that includes teaching specialists and current practitioners. All staff are qualified in their subjects with their own specialist knowledge to contribute.

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<sup>7</sup> Modules are designated as either mandatory (M), requisite (R) or optional (O). For definitions, see the Framework and Regulations for Undergraduate Awards

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### Course Costs

Students undertaking CertHE Creative Arts for Health & Wellbeing will be charged tuition fees as detailed below.

Student Group	Tuition Fees
Full-time UK	£8,220 per year
Part-time UK	£1,370 per 20 credit module
Full-time EU/International	£13,725 per year
Part-time EU/International	£2,288 per 20 credit module

Payment of tuition fees is due at the time of enrolment and is managed in accordance with the Tuition Fee Policy.

Students are likely to incur other costs for e.g. equipment, materials, optional field trips, and exhibitions amounting to approximately £100 per year.

### Academic Framework and Regulations

This course is delivered according to the Framework and Regulations for Undergraduate Awards and other academic policies and procedures of the University and published on the [website](#).